## LOCAL SERVICE AGENCY INFORMATION -ORGANIZATIONS THAT WORK WITH PEOPLE WITH DISABILITIES, INCLUDING SENIORS

\*American Cancer Society, Humboldt County Unit, 2942 F Street, Eureka, CA 95501, (707) 442-1436—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: Direct services to cancer patients and their caregivers. General cancer screening information and prevention to the community. BASIC PROGRAMS & SERVICES OFFERED: Assistance with lodging and transportation for patients in treatment, support groups for patients and caregivers, durable medical equipment, wigs and scarves, information and referral.

Area 1 Agency on Aging, 434 7<sup>th</sup> Street, Eureka, CA 95501, (707) 442-3763—SERVICE AREA: Humboldt & Del Norte Counties. SERVICE RECIPIENTS: Primarily seniors, but also people with disabilities. BASIC PROGRAMS & SERVICES OFFERED: Support functions that include needs assessment, planning, legislative review and technical assistance; support and education to nutrition programs; community outreach. Offers Aging & Disability Resource Center; Caregiver Services: Del Norte InfoCenter; Health Insurance Counseling & Advocacy Program; health promotion & prevention; medication management; nutrition services, Retired & Senior Volunteer Program; senior information & assistance; and the Volunteer Center of the Redwoods.

California Mentor, 317 3<sup>rd</sup> Street, Suite 4, Eureka, CA 95501, (707) 442-4500. SERVICE AREA: Local branch serves Humboldt, Mendocino & Lake Counties, with some occasional respite for Del Norte County. SERVICE RECIPIENTS: Adults (age 18 to 80+) with developmental disabilities. BASIC PROGRAMS & SERVICES OFFERED: Offers two living option programs – the Adult Family Home option where clients live with a Mentor family, and Supported Living, where clients have their own house or apartment and receive supportive services ranging from intermittent to 24/7 supports. Also does occasional respite.

College of the Redwoods, Disabled Student Program Services, 7351 Tompkins Hill Road, Eureka, CA 95501, (707) 476-4287--

SERVICE AREA: Primarily Humboldt, Del Norte, Trinity & Mendocino Counties but have students from all over the world. SERVICE RECIPIENTS: Students who have a verified disability. PROGRAMS AND SERVICES OFFERED: Counseling and advising, academic accommodations, note takers, special classes in academic support, assistive technology, adaptive PE, basic computer instruction, oncampus transportation (bus and scooters), and more.

\*Community Health Alliance, 417 Second Street, Suite 204, Eureka, CA 95501, (707) 445-2806—SERVICE AREA: Primarily Humboldt County & limited in Del Norte County. AF4Q program is part of a nation-wide effort (through the Robert Wood Johnson Foundation). **SERVICE RECIPIENTS:** Health care consumers (anyone receiving health care), individuals with chronic conditions, organizations seeking to improve their understanding of quality health care for employee educational purposes. BASIC PROGRAMS & **SERVICES OFFERED:** "Our Pathways to Health": a free, peer led, Chronic Disease Self-Management Program for community members; "Network for Support Groups": A forum for local support group leaders (and those interested in starting a support group) to convene and network quarterly; Speaker's Bureau: Group of trained volunteers who give free community presentations regarding health care quality topics (including patient empowerment); POET: A group of volunteers that are actively spreading the quality health care message via speaking engagements (Speaker's Bureau), Pathway's participation, and presence at area health fairs; Healthy Kids Humboldt: works to ensure that kids in Humboldt County have access to health insurance coverage via no-cost and low-cost health insurance.

Humboldt Area Foundation & Union Labor Health Foundation: SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: We serve people through small grants programs. BASIC PROGRAMS & SERVICES: Health grants to individuals – for everything from travel assistance to physical therapy aids, and other medical supplies

Humboldt Community Access & Resource Center, 1707 E Street, Eureka, CA 95501—SERVICE AREA: Humboldt County, mainly from Scotia/Rio Dell to Trinidad. SERVICE RECIPIENTS: Adults, and some children, with developmental disabilities. BASIC PROGRAMS & SERVICES OFFERED: Day programs, Supported Living, respite, employment services, fine arts program, Dial-A-Ride (in designated areas outside Eureka), and hospital release transportation.

Humboldt Community Switchboard, 525 Second Street, Suite 103, Eureka, CA 95501, (707) 441-1001—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: Any Humboldt County residents who call for referral assistance. Usually low income, elderly, and disabled residents. BASIC PROGRAMS & SERVICES OFFERED: Refer residents to any existing services or cbos.

Humboldt Council for the Blind, P.O. Box 175, Eureka, CA 95502, (707) 839-7266—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: The blind & visually impaired & their family members. BASIC PROGRAMS & SERVICES OFFERED: Local advocacy; mediators; advocating for local legislation; pedestrian safety & working with City of Eureka and Cal-trans.

Humboldt Domestic Violence Services, P.O. Box 969, Eureka, CA 95502—SERVICE AREA: Mostly northern Humboldt County. SERVICE RECIPIENTS: Domestic violence victims and survivors, including children. Serve all genders. BASIC PROGRAMS & SERVICES OFFERED: Emergency shelter – long term and short term; peer counseling; support groups; restraining order assistance;

Humboldt County, with 26 classes offered each week, serving Easter Seals participants as well as the community at large, which includes adults of all ages with varying physical and developmental disabilities. *Medical Equipment Loan* offers an affordable option for individuals who are permanently or temporarily disabled, as well as older adults with emerging safety concerns, with a wide range of equipment offered (i.e. wheelchairs, walkers, commodes, etc.) for a minimal fee, or by donation. *Youth Recreation* offers year-round swim classes for kids of all ages with varying disabilities.

Food for People, 307 West 14<sup>th</sup> Street, Eureka, CA 95501, (707) 445-3166—SERVICE AREA: Throughout Humboldt County. County-wide network of 17 pantries, serving 14 different towns (from Orick to Garberville and east to Willow Creek); Community Food Programs, which include our Senior and Homebound programs. reach 15 different towns in the county, including communities with native populations. SERVICE RECIPIENTS: Serves low-income residents in Humboldt County that qualify for emergency food, guided by USDA income guidelines (which are based on the federal poverty level). Currently, our total client numbers for all Food for People programs range between 10,000 and 12,000 people per month. **BASIC PROGRAMS & SERVICES OFFERED:** Community Food Programs include the Senior Brown Bag program, the Community Supplemental Food Program (CSFP) for Seniors, and Homebound Delivery (for a homebound person of any age). These programs provide a basic yet well-rounded provision of food for recipients.

Hoopa Yurok Vocational Rehabilitation Program, P.O. Box 669, Hoopa, CA 95546, (530) 625-5081—SERVICE AREA: Humboldt & Del Norte Counties. SERVICE RECIPIENTS: The individuals of Native American community, who are enrolled members of a Federally Recognized tribe, reside in our service area and have a qualifying disability. BASIC PROGRAMS & SERVICES OFFERED: Tribal Vocational Rehabilitation programs provide services comparable to the State Department of Rehabilitation.

Hospice of Humboldt, 2010 Myrtle Avenue, Eureka, CA 95501, (707) 445-8443—SERVICE AREA: Within 50 mile radius of Eureka (Myrtletown) office. SERVICE RECIPIENTS: Patients with a terminal illness and a prognosis of 6 months or less. BASIC PROGRAMS &

crisis-line; transportation and transport assistance & gas vouchers, bus tickets); household establishment; provide food, clothing and childrens' services.

Humboldt Senior Resource Center, 1910 California Street, Eureka, CA 95501, (707) 443-9747—SERVICE AREA: Humboldt County & some services in Del Norte County. SERVICE RECIPIENTS: All seniors, disabled adults over 18 years of age, caregivers of seniors. BASIC PROGRAMS & SERVICES OFFERED: Adult Day Health Care; Alzheimer's Day Care & Resource Center; senior dining centers; home-delivered meals; Multipurpose Senior Services Program; long-term care ombudsman; senior activities including senior wood program, senior home repair and job bank; publish monthly Senior News.

<u>Humboldt State University, Student Disability Resource Center,</u> 1\_Harpst Street, Arcata, CA 95521, (707) 826-4678—SERVICE AREA: Majority of students from California, but others from throughout U.S. and some from other countries. **SERVICE RECIPIENTS:** Registered/matriculated students with disabilities attending HSU. BASIC PROGRAMS & SERVICES OFFERED: Information & referral; individual advocacy, including eligibility evaluation, accommodation authorization, consultation on selfadvocacy, instructor consultation on behalf of student; disability support groups; institutional advocacy/education including on-line disability awareness training, departmental/individual instructor consultation on accommodation/Universal Design for instruction, and executive counsel advising on projections and legal mandates; assistive technology aid through assistive listening device (ALD), Etext development, magnification hardware/software and enlargements, communication access real time translation, video relay interpreting (VRI) and digital recording devices; and housing assistance through consultation with Housing Dept. on specific needs of students.

<u>Lighthouse of the North Coast</u>, 1910 California Street, Third Floor, Eureka, CA 95501, (707) 268-5646—SERVICE AREA: Humboldt & Del Norte Counties. SERVICE RECIPIENTS: People who are visually impaired or blind and their families. BASIC PROGRAMS & SERVICES OFFERED: Resources for vision loss, magnification

assessments, daily living skills training in the home and the community, adjustment counseling, orientation and mobility training, client advocacy, equipment lending program, technology assessments and training.

Making Headway Center for Brain Injury Recovery, 305 O Street, Eureka, CA 95501, (707) 442-7668—SERVICE AREA: Humboldt, Del Norte & Mendocino Counties. SERVICE RECIPIENTS: Those with traumatic brain injury (TBI) and their families and caregivers. BASIC PROGRAMS & SERVICES OFFERED: Case management, community reintegration, adaptive skills training, advocacy, therapeutic recreation, professional psychotherapy, independent living skills training, peer counseling, education & outreach, information & referral.

\*National Advocates for the Mentally III (NAMI), Humboldt Chapter, (707) 444-1600—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: Families/friends of, and people diagnosed with, a serious mental illness. PROGRAMS & SERVICES OFFERED: Family to family educational class, peer to peer class, support groups, various programs to educate the general public, supporter of CIT training, general advocacy for the mentally ill and their families and friends.

North Coast AIDS Project, Humboldt County Dept. of Health & Human Services, Public Health Branch, 908 7<sup>th</sup> Street, Eureka, CA 95501, (707) 268-2132—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: People living with HIV/AIDS. ASIC PROGRAMS & SERVICES OFFERED: Advocating at local, state & federal levels on accessibility issues; assisting with self-advocacy on accessibility issues; assistance with SSI/SSDI, Renters & Homeowners Program assistance; HIV support group; case management; health education; HIV & Hepatitis C testing; harm reduction supplies/education.

North Coast Resource Center, 501 9<sup>th</sup> Street, Arcata, CA 95521, (707) 822-5008—SERVICE RECIPIENTS: Chronically homeless individuals, including those with mental illness, physical illness, seniors, and substance abuse issues. SERVICE AREA: Eureka & Arcata. BASIC PROGRAMS & SERVICES OFFERED: Offers Back

to Basic Program, which is a learned behavior/education program that provides assistance to individuals that seek a change in life direction: substance abuse intervention, case management, food box distribution (five days a week), Hot meals to program participants (250 to 300 per 5 day week), showers/laundry, crisis intervention / referrals, homeless court/community service work facility, employment/ life skill training, volunteer/work placement, bus tickets to get to appointments, phone available, provide clothes for job interviews, reduced fee ID voucher for DMV, extreme weather shelter, peer counseling and mentoring, & Transportation Assistance Program (long distance bus tickets).

Reading Service of the Redwoods, 920 Samoa Boulevard, Suite 214, Arcata, CA 95521, (707) 826-1247--SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: People with vision loss or a physical disability which makes it difficult to read or manipulate printed information. BASIC PROGRAMS & SERVICES OFFERED: Access to local newspapers and other information through an on-air program of local newspapers readings (live and also rebroadcast at a later time); access to national publications and other information through additional publications being downloaded and broadcast through the International Association of Audio Information Services (IAAIS).

Redwood Coast Regional Center, 525 2<sup>nd</sup> Street, Suite 300, Eureka, CA 95501, (707) 445-0893—SERVICE AREA: Humboldt, Del Norte, Mendocino and Lake Counties. SERVICE RECIPIENTS: Individuals of all ages with developmental disabilities and children under age three at significant risk of a developmental disability. BASIC PROGRAMS & SERVICES: Primary services include case management for individuals with developmental disabilities; day programs and work services; residential options from licensed homes to supported living to mentor family homes; assessment and diagnosis of developmental disabilities; community supports; social-recreational activities; respite for families; some health care supports.

Redwood Community Action Agency, 904 G Street, Eureka, CA 95501, (707) 445-0881—SERVICE AREA: Humboldt County. SERVICE RECIPIENTS: Low and moderate income residents. BASIC PROGRAMS & SERVICES OFFERED: Youth Service

Bureau, including emergency shelter, transitional housing, street outreach; homelessness prevention; family services, including emergency shelter, transitional living, children's program, case management and Multiple Assistance Center (housing for homeless); affordable housing for low to moderate income individuals and families through management of rental properties (in association with HUD); Energy Demonstration Center to help reduce energy costs and improve health and safety of housing for low and moderate income households; Straight Up VISTA Americorps Program; Housing Rehabilitation Program that focuses on structural and mechanical elements of single and multi-family dwellings owned or rented by low-income residents; and the Northcoast Mentor Program for at-risk youth; volunteer income tax assistance; housing counseling; job training; community garden development.

Silvercrest Residence, 2141 Tydd Street, Eureka, California 95501, (707) 445-3141—SERVICE AREA: Residents come from wide geographic area. SERVICE RECIPIENTS: Low-income seniors and adults with disabilities. BASIC PROGRAMS & SERVICES OFFERED: Supportive services intended to sustain independent living, including information & referral and working with Food for People, Meals on Wheels/Humboldt Senior Resource Center, In-Home Support Services (IHSS) caregivers, Helping Hands Volunteer Program; individual advocacy through advocating for the needs of residents on an individual basis; and peer counseling through bimonthly diabetes support groups.

Tri-County Independent Living, 2822 Harris Street, Eureka, CA 95503, (707) 445-8404, (707) 445-8405 (TTY)—SERVICE AREA: Humboldt, Del Norte & Trinity Counties. SERVICE RECIPIENTS: People with disabilities, including seniors. BASIC PROGRAMS & SERVICES OFFERED: Information & referral; systems advocacy through advocating at local, state & federal government levels on accessibility issues, public education on accessibility issues, & training for public advocacy on accessibility issues; individual advocacy through training for self-advocacy and assisting with self-advocacy on accessibility issues; assistive technology (AT) aid through Computers for People Program, information and referral about AT, Assistive Technology Loan Program and Residential Wheelchair Ramp Construction Program; independent living skills

training through assistance with PASS Plans (Plan for Achieving Self-Sufficiency), assistance with SSI/SSDI, independent living skills training, and wellness training; housing assistance through maintenance of housing rental lists, self-advocacy training for obtaining housing, Renters & Homeowners Program assistance; and peer counseling through a cross-disability support group.

Vector Rehabilitation, 2121 Myrtle Avenue, Eureka, CA 95501, (707) 442-6463—SERVICE AREA: Humboldt County & parts of Del Norte County. SERVICE RECIPIENTS: Adults requiring physical rehabilitation services and children with craniofacial anomalies regardless of the ability to pay. BASIC PROGRAMS & SERVICES OFFERED: Physical therapy, including hands therapy/custom splinting and ortho/sports rehabilitation; lymphedema/chronic swelling; diabetic feet—orthotics; arthritis—treatment/education; craniofacial.

Willow Creek Community Resource Center, 38883 Highway 299, Willow Creek, CA 95573, (530) 629-3111—SERVICE AREA: Willow Creek, Hoopa, Salyer, Burnt Ranch. SERVICE RECIPIENTS: Low-income individuals, including disabled, seniors, social security recipients of all ages, and families through administration of the First Five Playgroups and School Readiness. BASIC PROGRAMS & SERVICES OFFERED: Information & referral; social interaction in Drop-in Center; assistance with paying bills; HEAP visits and helping gather documents for utilities assistance; food & clothing; individual advocacy through training and help with SSI/SSDI; housing assistance through maintenance of housing rental listings and self-advocacy training for obtaining housing.

\*These organizations could not send attendees to the Closing the Gaps workshop.