PRESS RELEASE: Friends of the Dunes Events, November 13-19, 2016 FRIENDS OF THE DUNES, P.O.BOX 186, ARCATA, CA 95518

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Help restore the Lanphere Dunes Unit the Humboldt Bay Wildlife Refuge on Saturday, November 19 from 9:30 a.m. to 12:30 p.m. Participants will be removing invasive plant species. Please wear closed-toed shoes, dress for the weather and bring drinking water. Meet at Pacific Union School, 3001 Janes Road in Arcata to carpool to the protected site. Gloves, training and snacks will be provided. For more information contact Friends of the Dunes at (707) 444-1397 or jess@friendsofthedunes.org.

Join Friends of the Dunes naturalist Bob Peck for Nature Story Time on Saturday, November 19 from 2 to 3 p.m. Geared for ages 3 to 6, Story Time will focus on local wildlife and will be followed by a simple craft project. Meet at the Humboldt Coastal Nature Center, 220 Stamps Lane in Manila, and come prepared to explore the trails on your own after the program. For more information or to reserve a space, please contact Friends of the Dunes at <a href="mailto:info@friendsofthedunes.org">info@friendsofthedunes.org</a> or (707) 444-1397.

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